

## Gender Affirming and Transgender Health Care: Covered Services

Coordinated Care is proud to serve our transgender and gender-fluid members with gender-affirming care. **Coordinated Care** works with the Health Care Authority (HCA) Transgender Health Care program for Apple Health (Medicaid) to cover surgical services through ProviderOne fee-for-service. **Ambetter** covers services directly. This grid is to help providers understand how each service is covered.

Treatment	Apple Health (Managed Care)	ProviderOne Fee-For- Service	Ambetter	HCA Requirements
Mental health services (re: Gender Dysphoria Syndrome, etc.)	X		$\checkmark$	Member will need a Case Manager. Please note that HCA requires a diagnosis of gender dysphoria to access gender-affirming services for Medicaid members, following WPATH guidelines.
Hormone Therapy	×		$\checkmark$	There is no prior authorization (PA) required. Gender dysphoria diagnosis required.
Hormone blockers (puberty suppression therapy)	×		$\checkmark$	Same as above.
Preventive services as appropriate	×		$\checkmark$	Provider will discuss the appropriate preventative services with client. Services may include mammography after a mastectomy, pelvic exams for masculinizing clients, prostate exams for feminizing clients.
Facial or body hair removal (Electrolysis/laser)		V		<ul> <li>Requires a PA. The following must be submitted with the PA:</li> <li>Letter of recommendation from provider managing client's hormone replacement therapy</li> <li>Letter of recommendation from a dermatologist or PCP documenting medical conditions and attempted treatments that prevent client from using other forms of hair removal.</li> <li>Photos of requested area to be treated: immediately, 8 hours, and 24 hours after hair removal.</li> </ul>
Top surgery – Breast augmentation (male to female/feminizing)		V	$\checkmark$	<ul> <li>Surgical. Requires a PA. The following must be submitted with the PA:</li> <li>Surgical consult</li> <li>Letter of recommendation from a licensed mental health provider</li> <li>Letter of recommendation from primary care provider or provider managing client's hormone replacement therapy</li> </ul>

(over for more)



Treatment	Apple Health (Managed Care)	ProviderOne fee-for- service	Ambetter	Special Requirements
Top surgery – Mastectomy with or without chest reconstruction (female to male/masculinizing)		V	$\checkmark$	Surgical. Requires a PA. Same as breast augmentation
Hysterectomy		V	$\checkmark$	Surgical. Requires a PA. The following must be submitted with the PA: o Surgical consult o Letter of recommendation from a licensed mental health provider o Letter of recommendation from primary care provider or provider managing client's hormone replacement therapy
Orchiectomy		N	$\checkmark$	Same as above.
Laryngoplasty/tracheal shave		$\checkmark$	$\checkmark$	Same as above, with photos of client's face and neck.
Facial feminization surgery		$\checkmark$	$\checkmark$	Same as above, with photos of client's face and neck.
Bottom surgery – (male to female/feminizing or female to male/masculinizing)		V	$\checkmark$	Surgical. Requires a PA. The following must be submitted with the PA: • Surgical Consult • Letters of recommendation from two (2) licensed mental health providers • Letter of recommendation from primary care provider or provider managing client's hormone replacement therapy.

## **Care Management Services**

We offer **no-cost care management services for all our members**, and can help members navigate the prior authorizations and special requirements needed to access the full range of available services on their gender and health care journeys.

## For more information, call Coordinated Care:

- Apple Health (Medicaid) members or providers can call 1-877-644-4613.
- Ambetter members and providers can call 1-877-687-1197.
- Apple Health Core Connections members (those in foster care, adoption support, and alumni of foster care), and their providers can call 1-844-354-9876.

HCA Transhealth program site: <u>https://www.hca.wa.gov/billers-providers-partners/programs-and-services/transhealth-program</u>

**Providers:** for more details, please reference the Physician-related/professional services billing guide on the HCA website. <u>https://www.hca.wa.gov/billers-providers-partners/prior-authorization-claims-and-billing/provider-billing-guides-and-fee-schedules</u>

CoordinatedCareHealth.com

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Coordinated Care 1-877-644-4613 Apple Health Core Connections 1-844-354-9876 Ambetter 1-877-687-1197